

Year 13

How does viewing online sexual content influence expectations and behaviour in relationships?

Digital platforms have made it easier for anyone to share information online, and it can be difficult to determine whether something is real or false.

False information that is spread online is most commonly referred to as 'fake news' and this can shape our opinions even when we know it's not true.



According to several studies, even the most obvious fake news starts to become believable if it's shared enough times.

A combination of fake news and online sexual content, can lead to unrealistic or unreciprocated expectations in relationships, which can damage the relationship.

If you have questions about sex, talk to someone you trust to get answers

If you feel too embarrassed to talk to someone you know face to face, find a way to broach the subject with an adult you trust; or search online for a trustworthy organisation providing sex education, etc.



Online Safety Incident Report Form

Available from Class Tutors

An 'Online Safety Incident Report Form' with a header, a definition box, and a form area with fields for name, signature, and date.

OSI: Online Safety Incident Report Form

Any member of the school community can raise a concern about an **online safety incident**. If you have witnessed or experienced an incident, please complete the form below to help us to address the issue. It is important that you provide as much detail as possible. Once completed, please hand reports concerning pupils to the **Class Tutor**.

Definition: When an issue occurs online that harms or causes a risk of harm to a person or group of people as a result, this is referred to as an **online safety incident**.

Name of person reporting incident: _____

Signature: _____

Date you are completing this form: _____

Online Safety Newsletter: November 2023



Self-Image and Identity

This month, our online safety focus is Self-Image and Identity.

Once again, the ProjectEVOLVE toolkit has been used to survey pupils and identify specific areas of development within each year group. These are identified below and will be further developed during class, assemblies and Class Tutor periods.



Year 14

What are the creative benefits and ethical drawbacks of digital manipulation?

Editing digital photos has never been easier, and recent studies indicate that up to 71% of people edit pictures of themselves before posting them online.

There are many benefits of being able to edit a picture and these may include being able to:

- lighten a dark photo,
- crop to show specific areas
- enhance certain features
- develop your own style
- be creative and have fun.

There are also many drawbacks to editing images. For example:

- People can make themselves look very different and mislead others.
- Everyone might feel they have to edit their photos
- People might compare themselves negatively to images which aren't real.

It's important for everyone to feel they can share images online without judgement or abuse from others. If you ever experience this then speak to someone and take action like reporting or blocking the person



The digital world is 24/7; it's outside and inside of the school gates, so you need a service that does the same. Safer Schools NI is a digital library of age-appropriate safeguarding resources that you can check out anytime, from your phone to your computer to your classroom. Download the app today.



Pupil Year 12-14
St Patrick's Academy

Login Code for Years 13-14: 3948