

## WEEK 3

2024 - 2025



**WEEKS BEGINNING: 16/09, 14/10, 18/11, 16/12, 27/01, 03/03, 31/03, 05/05, 02/06**

	SOUPS	MAIN COURSE	SNACK ITEMS	VEGETABLES/POTATOES	DESSERTS
<b>MONDAY</b>	Vegetable	Sausages Filled baked potato Chicken curry & rice, naan bread	Hot dog Panini	Chips Baked beans Sweetcorn	Apple muffin Jelly & fruit
<b>TUESDAY</b>	Lentil & bacon	Baked Gammon & pineapple Beef enchiladas	Steak in a bap Panini	Mashed potatoes Coleslaw cabbage	Coconut macaroon Jelly Yoghurt
<b>WEDNESDAY</b>	Cream of broccoli	Lasagne, salad & coleslaw Beef curry & rice Sweet & sour chicken bites & rice	Bacon bap Panini	(HM) oven baked potato wedges Tossed Salad Coleslaw	Fruit muffin Fruit salad Jelly
<b>THURSDAY</b>	Vegetable	Chicken goujons Vegetable stir fry, rice Roast Chicken & stuffing	Panini Chicken Burger in a bap	Dry roast potatoes Carrot & parsnip Salad Coleslaw	Toffee sponge & custard Fruit salad
<b>FRIDAY</b>	Leek & potato	Chicken curry & rice Breaded fish, lemon & parsley	Panini Pizza	Chips Baked potato Baked beans Peas	Flake meal Biscuit Jelly & fruit Yogurt